



# NEWSLETTER ANULOM

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## INTERIOR DESIGNING

It is the art, science, and business planning of a creative, technical, sustainable, and functional interior solution that corresponds to the architecture of a space, while incorporating process and strategy, a mandate for well-being, safety, and health, with informed decisions about style and aesthetics.

### Who was the first interior designer?

Elsie de Wolfe became the first Interior Decorator to be given a design “commission.” In 1913, Elsie de Wolfe published the first interior design book, “The House in Good Taste.” Dorothy Draper was the first documented commercial Interior Decorator, establishing her design firm in 1923.

### What exactly does an interior designer do?

Interior designers make

indoor spaces functional, safe, and beautiful by determining space requirements and selecting essential and decorative items, such as colors, lighting, and materials. They must be able to draw, read, and edit blueprints.

### What is the study of interior design?

Interior design is all about how we experience spaces. It is a powerful, essential part of our daily lives and affects how we live, work, play, and even heal. Comfortable homes, functional



## Editorial...

Dear Readers,

We are glad to put forth this yet another issue of Anulom Newsletter. Hope you find the Articles interesting, informative, and useful in your business and personal life. Please let us know your feedback on this Newsletter. You may suggest a few topics on which you would like to have information. You may also contribute with an article for this Newsletter.

– Editor

workplaces, beautiful public spaces — that’s interior design at work.

### What is the role of interior designer?

The Interior Designer will create functional, safe, and aesthetically pleasing spaces by assessing space requirements, determining optimal furniture placement, and selecting decorative items, all while adhering to relevant blueprint, building code, and inspection requirements.

### What is the 7 elements of interior design?

Professional interior designers will usually follow a set of informal “rules”, based on specific

interior design principles and elements. These interior design elements include space, line, forms, light, colour, texture and pattern; and keeping them balanced is the key to creating an aesthetically pleasing interior.

### Why is interior design interesting?

Interior design is interesting because it allows individuals to creatively transform spaces, reflecting their personalities and needs, while also enhancing functionality and aesthetics. It combines art, psychology, and practicality to create harmonious and inspiring environments.

### What are 5 interesting facts about interior design?

- Colour Psychology Is Leveraged to Create the Perfect Vibe.
- Huge Mirrors Are Tricky Strategies to Enhance Room Sizes.
- Mirrors Are Also a Sustainability Strategy.
- Lots of Natural Light Enlightens the Mood.
- Less is more because it is Healthier for Your Mind.

### What is the power of interior design?

Good interior design plays a significant role in creating comfortable living or working environments. A well-designed space can greatly enhance the overall comfort and satisfaction of its occupants. One of the key factors in ensuring comfort and positive energy in a space is the selection of suitable lighting.

### What Is the Purpose of Interior Design?

An interior designer creates aesthetic rooms and spaces for the clients he is working with. The main purpose of an interior designer is to create spaces that are attractive yet functional. No matter the size, every interior designer must focus on creating the spaces safe while meeting the specific needs of the client. The work ranges from simple indoor and outdoor home environments to hotel lobbies and lavish mansions.



Thus, an interior designer comes in the picture to solve all the complications in space designing.

### 6 Essential Skills Every Interior Designer Needs

Those who want to go into a creative field might first consider getting a degree in motion graphics or decide they want to take an online fashion designing course. But an interior design career can be highly rewarding and will allow you to follow your passions in a creative way. Also, the industry is huge and on the rise.

However, individuals who pursue interior design careers do need a specific skill set to be successful. If you are wondering just how to become an interior designer, pursuing a degree at interior decorating schools will give you the tools and experience required. Whether you have a natural aptitude or need to work hard to acquire this skill set, you will need the following for a fruitful interior design career:

#### A creative eye and attention to detail

First and foremost, you will need to be highly creative. You will be expected to design spaces for all sorts of clients. Although having a point of view can be an asset, you will also need to be very adaptable. You will also have to focus on both the little details and the big picture simultaneously to craft cohesive spaces. While creativity is not the sole requirement for this job, it is certainly a prerequisite.

#### Trend identification

Trends come and go, and you will need to stay ahead of the curve. Being able to identify and predict trends will help you stay relevant and in-demand. Plus, being able to spot bad trends will ensure your career stays relevant for years to come.

#### Knowledge of sustainable practices

It is becoming more common for clients to request eco-friendly features. You will need to have a good working knowledge of these desirable design features and technologies. Clients will rely on you to make the best decisions for them, so this knowledge is key for overall satisfaction.

#### Superior communication

As an interior designer, you will be expected to effectively communicate your vision to your clients and practice excellent listening skills. You will also need to work in tandem with contractors and other professionals who will be responsible for carrying out your designs.

#### Sketching ability and computer knowledge

If you have wondered how to become an interior designer, you might picture needing to create all your designs by hand. These days, most interior designers use computer-based design programs to create visual representations of their work; however, the ability to

create preliminary sketches is helpful, too. Being able to utilize both methods will make you more of an asset to your clients. But due to the popularity of many home design TV shows, clients especially want to see 2D and 3D visuals of designs in real life.

### Organization

A good interior designer must be extremely organized to complete projects on time and on budget. When work takes too long or costs soar above what a client was promised, you are not likely to find repeat business. Designers need to plan out everything to the day and to the dollar. Although unexpected delays and costs will inevitably pop up, you will need to allow for these surprises in your plans of time.

### Is interior design a good job?

Interior designing is a highly lucrative business, but it takes some time to build a high income from this profession. Whether you are starting your own thing or have a job in some firm, your pay initially can be less, and that is one of the most prevalent disadvantages of being an interior designer.

### Is there scope for interior designer?

The opportunities for growth are never-ending. As an interior designer you can work in any firm you like. Like mentioned earlier, be in an architectural firm or a construction company, retail, TV & film, event management companies, photography, or teaching and design journalism.

### What is the future of interior design?

The future of interior design holds immense promise, fueled by the transformative power of AI and the growing emphasis on modernity and sustainability. Interior designing is a voyage of self-expression, innovation, and storytelling.

## स्फुरणिका...

### Walking is the King of exercises

माझे वडिल कै. नी. शं. नवरे यांचा अत्यंत आवडता व्यायाम म्हणजे चालण्याचा. त्यांचे आवडते वाक्य म्हणजे - Walking is the King of exercises. त्यांच्या दैनंदिन जीवनाचे वैशिष्ट्य म्हणजे 'सहा ते आठ, घराला पाठ'! म्हणजे सकाळी आणि संध्याकाळी दोन-दोन तास ते घराच्या बाहेर असत. त्यापैकी महत्त्वाचा वेळ व्यायाम, ग्रंथालय, भेटीगाठी, (नातेवाईक व इतर) यांच्यासाठी असला तरी मुख्य वेळ चालण्यासाठी असे.

व्हॉट्सअॅपवर मला चालण्याच्या महतीबद्दल काही माहिती मिळाली. ती मला नोंद घेण्यासारखी वाटली :

- १) 'Prevention' या अमेरिकन मासिकाने दीर्घायुष्यासाठी पायाच्या भक्कम स्नायूंना सर्वात महत्त्वाचे स्थान दिले आहे.
- २) दोन आठवडे पायांची हालचाल झाली नाही तर १० वर्षांनी पायाची मजबुती कमी होते.
- ३) डेन्मार्कमधील एका विद्यापीठात हा काळ २० ते ३० वर्षे दिला आहे.
- ४) पायांचे स्नायू एकदा दुर्बल झाले की ते लवकर बरे होत नाहीत.
- ५) आपले पाय हे शरीराचे खांब आहेत.
- ६) शरीरातील ५०% हाडे व ५०% स्नायू पायातच आहेत.
- ७) पायांची काळजी घेणे म्हणजे हाडे मजबूत, स्नायू बळकट व सांधे लवचीक ठेवणे.
- ८) शरीराची ७०% शक्ती व हालचाली पायांवर अवलंबून आहेत.
- ९) तरूण माणसांच्या मांड्यात छोटी मोटारकार उचलण्याएवढी शक्ती असते.
- १०) पाय हे शरीराच्या चलन-वळनाचे केंद्रबिंदू आहेत.
- ११) एकूण शरीरातील ५०% नसा आणि ५०% रक्तवाहिन्या पायात आहेत व यातून ५०% रक्त वाहते. ते एक रक्ताभिसरणाचे जाळे आहे.
- १२) ज्यांचे पायांचे स्नायू बळकट त्यांचे हृदयसुद्धा बळकट असते.
- १३) वार्धक्य पायांपासून सुरू होऊन वर-वर सरकत जाते.
- १४) वार्धक्याला पायांकडून इकडे जाणाऱ्यास संदेशाची अचूकता व वेग कमी-कमी होत जातो. कॅल्शियम कमी-कमी होते व अस्थिभंग होतो.
- १५) पायांचे व्यायाम कधीही करत येतात - अगदी वयाच्या साठीनंतरही.
- १६) पायाच्या बळकटीने वृद्धत्व थोपवता येते.
- १७) रोज किमान ३० ते ४० मिनिटे चाला.
- १८) जपानमधील लोक रोज तासभर चालतात, म्हणून ते निरोगी व दीर्घायुषी आहेत.
- १९) चालण्याच्या व्यायामाला एक पैसाही खर्च करावा लागत नाही.
- २०) हे सर्व लक्षात ठेवले तर, चालणे या व्यायामाचे महत्त्व पुन्हा जाणवते.

- डॉ. अरविंद नवरे

डायरेक्टर, अनुलोम टेक्नोलॉजीज प्रा. लि.  
मोबाइल : ९५५२३८४९३१



## कोर्टाची पायरी चढण्यापूर्वी...

### कायदेशीर दृष्ट्या योग्य हस्तांतरण कोणते?

मालमत्ता ज्याच्याकडे हस्तांतरीत करावयाची, तो घेणारासुद्धा पात्र असावा लागतो. म्हणजे, कोणत्याही कायद्याने त्यास करार

करण्यास अपात्र ठरवलेले असता कामा नये. वयाची अठरा वर्षे पूर्ण झालेली असली पाहिजेत. तसेच, मानसिकदृष्ट्याही तो सक्षम असला पाहिजे.

हस्तांतरणाची हेतू कायदेशीर असावा. 'अ' ने 'ब'च्या सांगण्यावरून 'क'चा खून केला. त्या बदल्यात 'ब'ने 'अ'ला फ्लॉट दिला, असे हस्तांतरण बेकायदेशीर आहे.

शंभर रुपयांपेक्षा अधिक किंमतीही मालमत्ता हस्तांतरीत करायची असेल तर, तो व्यवहार लेखीच करायला हवा. कारण, त्याची नोंदणी करणे कायद्याने सक्तीचे आहे. नोंदणी न केलेल्या हस्तांतरणासंबंधी पुढे काही वाद निर्माण झाल्यास, त्या हस्तांतरणाचा दस्त न्यायालयात ग्राह्य धरला जात नाही.

'ट्रान्सफर ऑफ प्रॉपर्टी ॲक्ट' हा फक्त पहिल्या प्रकाराला लागू आहे. अस्तित्वात असलेल्या कायद्यांनुसार, दुसऱ्या प्रकारचे हस्तांतरण घडून येत असल्याने हा कायदा दुसऱ्या प्रकाराला लागू करण्याचा प्रश्नच निर्माण होत नाही.

(क्रमशः)

- अॅड. अविनाश चाफेकर

मोबाइल : ९८५०९३५९११



## FEEDBACK FROM OUR SATISFIED CUSTOMERS...

Good experience with NOI processing. People who reached out to help me were: Kaveri, Sarika and Sakuntala

— SWATI JHA

Devika is efficient and responsive officer in Anulom. Overall happy with services offered.

— SACHIN POL

Exceptionally prompt and organised service from the entire team specially Ms. Madhuri Paygude, Mr. Rohit Pisal & Mr. Santosh Pawar.

— RASHI MAHESHWARI

Priya Was one of the consultants who helped me to get the Rental Contract done easily with all required software setups.

— SHUBHAM GORLEWAR

I found it extremely convenient to register rent agreement via Anulom. I currently reside in the United Kingdom and had to register my Mumbai property. Their liaison person, Priya, was very helpful. She was very competent and very patient. She guided me through the entire process. Thanks Priya.

— PRIYA RASHI

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The editor does not necessarily agree with the opinions published in the Articles in this magazine.

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